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Dr. weil endorses gary taubes' good calories, bad

Oct 21, 2007 In an appearance on CNN's "Larry King Live" on Friday, October 19, 2007, the author of the book GOOD CALORIES, BAD CALORIES Gary Taubes was on the program

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Nov 24, 2008 Author, GOOD CALORIES, BAD CALORIES: Challenging the Conventional Wisdom on Diet, Weight Control and Disease Are you eating less but not losing weight

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Book review: good calories, bad calories | summer

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Gary Taubes is the American author of Nobel Dreams (1987), Bad Science: The Short Life and Weird Times of Cold Fusion (1993), and Good Calories, Bad Calories (2007)

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He's against the grain and high on fat - latimes

Oct 21, 2007 Science journalist Gary Taubes thinks we've got it all wrong about fat and carbohydrates. In his new book, "Good Calories, Bad Calories: Challenging the

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Good calories, bad calories? | healthy eats

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he was drowned out by the conventional wisdom. Taubes cites and coronary heart disease, Taubes demonstrates that a of Good Calories, Bad

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Good Calories, Bad Calories proposes that dietary fat is of little importance in the development of such as his claim that calorie intake is not relevant

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Not all calories are created equal, author says :

Nov 01, 2007 Gary Taubes, author of Good Calories, Bad Calories: Challenging the Conventional Wisdom on Diet, Weight Control, Good Calories, Bad Calories by Gary

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" good" calories vs. " bad" calories - calorie

"good" calories vs. "bad" calories. Kathy. I am slowly getting used to my calorie intake and I think I am getting it down. I bet it was hard to give up fast food!
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: Taubes, Gary : Not another diet book: After seven years

Gary taubes challenges conventional wisdom on

Good Calories, Bad Calories Challenging the Conventional Wisdom on Diet, Weight Control, and Disease by Gary Taubes. If your doctor has ever told you to go on a

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